Shutesbury Elementary School Lunch Menu March 2017

all meals served with soup, salad, fruit, vegetables and milk

			•	
	<u> </u>	h.,		.
	Tuesday	Wednesday		Friday
	2/28	3/1		3/3
Baked Macaroni and Cheese,	Breakfast for Lunch	Chicken Fajitas with Brown	Baked Potato Bar with	Bar-B-Que Chicken, Bacon,
Vegetables and Garlic Bread	Scrambled Eggs, Homefries,	Rice and Corn	Toppings and Vegetables	Ranch Pizza, Veggie
	Sausage and Coffee Cake	Veggie Fajitas		Pizza or Cheese
Gluten Free Available		Gluten Free Available	Gluten Free	Gluten Free Available
Glaton 1 100 / tranabio	Gluten Free			
3/6	3/7	3/8	3/9	3/10
Penne with Meat Sauce,	English Cottage Pie with	Chicken Gyros with Pita,	Cuban Grinders with Chips and	Pepperoni Pizza, Veggie Pizza
Vegetables and Garlic Bread	Potato Cheddar Crust	Vegetables and Couscous	Pickles	or Cheese Pizza
Penne with Marinara	Veggie Pie	Felafel with Lemon Tahini	Veggie Grinders	
Gluten Free Available	Gluten Free	Gluten Free Available	Gluten Free Available	Gluten Free Available
3/13	3/14	3/15	3/16	3/17
Spaghetti Carbonera, Vegetables	Chicken Parmesan Grinder	Grilled Cheese with Cream of	Korean Roast Pork with Sweet	Sausage Pizza, Veggie
and Garlic Bread	Boats, Oven Fries, Vegetables	Tomato Soup, Vegetables	Potatoes and Spicy Noodles	Pizza or Cheese
Spaghetti with Alfredo Sauce	Eggplant Parmesan Boats		Black Bean Burger	
	Gluten Free Available	Gluten Free Available		
Gluten Free Available			Gluten Free	Gluten Free Available
3/20	3/21	3/22	3/23	3/24
Ham and Cheese Calzone with	Roast Turkey with Mashed	Turkey Bacon Ranch Panini,	Chicken Lo Mien with Egg Rolls	
Rotini, Vegetables and Marinara	Potatoes, Vegetables and	Oven Fries, Vegetalbes	and Satay Sauce	Cheeseburger Pizza, Veggie
Broccoli and Cheese Calzone	Gravy	Veggie Panini	Veggie Lo Mien	Pizza or Cheese
Gluten Free Available	Roast Tofu	Gluten Free Available	Gluten Free Available	
	Gluten Free			Gluten Free Available
3/27	3/28	3/29	3/30	3/31
Spaghetti with Marinara,	Breakfast for Lunch	Maple Mustard Roasted	Hot Turkey Sandwich with	Pepperoni Pizza, Veggie Pizza
Vegetables and Garlic Bread	Scrambled Eggs, Homefries,	Chicken with Potatoes and	Mashed Potatoes, Vegetables	or Cheese Pizza
Obstance From A. 11.1.1	Sausage and Coffee Cake	Vegetables	and Gravy	Olutera For A 11 11
Gluten Free Available		Roast Tofu	Veggie Sandwich	Gluten Free Available

All menus subject to change without notice. Prior notice is necessary for gluten free options!